

Turning Point Treatment Center 405-634-0508

1607 S.W. 15th St., OKC, OK 73108

Mon and Wed 8 am-8 pm, Tue, Thur, Fri 8 am- 5 pm

- Outpatient alcohol and drug abuse counseling
- Evaluation
- Referral
- Community Education
- DUI Assessment
- Substance abuse aftercare
- Community Education Rehabilitation Effort

Valley Hope Association 405-942-5028

Valley Hope Drug Rehabilitation Center 405-946-7337

6110 NW 63rd, OKC, OK

www.valleyhope.org

- Oklahoma City Valley Hope's drug rehab center outpatient program is held in a six-week format with sessions Monday, Wednesday and Friday evenings from 6-9 p.m. IOP participants receive group therapy, individual and family counseling, educational lectures, films and 12 Step program work. Up to one year of continuing care is also provided.
- Other drug and alcohol treatment services available at the drug rehab center's office include traditional outpatient, telehealth, individual and group counseling, relapse prevention, assessments/evaluation services and continuing care.
- Office hours are from 1 p.m. to 10 p.m. Monday through Friday and outpatient services are Monday, Wednesday and Friday from 6-9 p.m.
- Oklahoma City Valley Hope accepts most insurance and managed care plans.

Youth and Family Services of El Reno 405-262-6555

7565 East Highway 66, El Reno, OK

Mon - Thu 8:30am – 5pm, & Fri 8:30am – 3pm

- Outpatient counseling for youth and families
- Homeless prevention program
- Emergency youth shelter
- Drug and alcohol class and counseling for youth
- Accept Medicaid and offer sliding scale fee
- Housing Placement

EATING DISORDER TREATMENT

**(DECCO) Disordered Eating Center
of Central Oklahoma**

405-292-1000

1225 West Main Street, Norman, OK 73069

One-on-one nutritional counseling, specializing in the treatment of eating disorders.

iMAT Integris Mobile Assessment Team 405-951-2273

(Only Mobil to Integris Hospitals/Facilities)

- 24 hour Crisis Intervention & Referrals.
- For children, adolescents, adults, seniors, & chemical dependency.
- 24 hour triage on Phone

National Eating Disorders

1-800-931-2237

Monday-Thursday from 9:00 am - 9:00 pm and Friday from 9:00 am - 5:00 pm (EST).

<http://www.nationaleatingdisorders.org>

Helpline volunteers will be there to offer support and guidance. Provides information and resources.

EDUCATION: CHILDREN/ADULTS

**American Indian Education, Training,
and Employment Center**

405-810-9202

4801 N. Classen Blvd., Suite 200, OKC, OK 73118

Mon – Fri 8:30-11am & 1- 4:30pm (except Mon mornings)

- Funded through the Department of Labor.
- Vocational training provides training and job search assistance.
- Must live in OK County.
- GED classes offered for individuals 18 and older.
- Also offer a summer youth program for individuals 14 – 21 that includes working in the summer.
- Year-round vocational training offered for youth & adults.

Bethel Foundation USA

405-286-3700

13003 N. Western, OKC, OK 73114

bethelfoundationsusa.com

- Obtain temporary housing to create a better home for your children. Complete classes to earn your GED. Prepare paperwork to get you accepted into college or vocational schools. Apply for financial aid, scholarships and grants to pay for your higher education expenses.
- Look for employment and provide career advancement training. Kids Rock Camp - June 21-25 and July 26-30, 9 am - noon.
- Free ABE (Advanced Basic Education) and GED (General Education Degree) are available. Please visit their website at www.okcps.org/adulted.com or call 405-231-2053.

Celebrations Education Services Inc.

405-236-4038

5716 S Western, OKC, OK 73109

Mon - Fri 8am - 4:30pm.

Private, full-time, bilingual preschool and kindergarten program. Preschool \$250 per month.

Crossings Community Center

405-749-0800

2208 W. Hefner Rd., OKC, OK

Clinic by appointment

Celebrate Recovery *Thu 6pm - 9pm.*

www.crossingsokc.org

Medical, dental, eye care, and counseling, The Club - mentoring, life skills, spiritual program for John Marshall Middle School students, Celebrate Recovery - a program to help adults heal from the hurts, habits and hang-ups in their lives - limited legal services. The Club - Students who apply from John Marshall Middle School, Clinic--low income without insurance. No cost.

Eastern Oklahoma County Technical Center 405-390-9591

4601 N Choctaw Road, Choctaw, OK 73032

Mon - Thu 8am - 9pm.

Fri 8pm - 3pm.

Provides lifelong career and technical training and personal development through quality programs, services and activities.

Emerson Alternative Education Center 405-587-7900
715 N. Walker, OKC, OK 73102
Mon – Fri 7:30am – 2:20pm

Outreach programs for pregnant and female parenting students 6th - 12th grade, credit recovery for suspended students, students with special adjustment needs, students with chronic attendance problems, students who are medically unable to attend school, students in special facilities for psychological maladjustment or chemical dependency, grades 9 – 12

Francis Tuttle Technology Center 405-722-7799
12777 N Rockwell, OKC, OK 73142
Mon - Fri 8am - 8:30pm.
www.francistuttle.edu

Provides lifelong career and technical training and personal development through quality programs, services and activities. Fee varies.

Head Start - Community Action Agency Of Oklahoma/Canadian Counties 405-232-0199
319 SW 25, OKC, OK 73109
Mon – Fri 8am – 5pm
www.caaofokc.org

Full and part-time day care and preschool services with emphasis on the areas of child development, health/safety, nutrition, mental health, disabilities, family partnerships, parent involvement and literacy. These programs advocate for a community that shares responsibility for the healthy development of children and families. Children 3 to 5 years of age are eligible for enrollment if their families meet the income guidelines. Special Classes (GED): Classes in general education are available free of charge at two district centers. You must be receiving DHS benefits to qualify.

Latino Community Development Agency 405-236-0701
420 SW 10th St., OKC, OK 73109
Mon-Fri 8:30 a.m. – 5:00 p.m.
Counseling lifelong career and technical training and personal development through quality programs, services and activities. Guidance and academic services, vocational education, career counseling, ESL and GED classes, financial assistance with cost of tuition, textbooks, transportation, job search assistance. Eligibility varies by program.

Metro Technology Center 405-424-8324
1900 Springlake Dr. OKC, OK 73111
Mon – Fri, 7:30am - 4:30pm.
Provides lifelong career and technical training and personal development through quality programs, services and activities. Guidance and academic services, vocational education, career counseling, ESL and GED classes, financial assistance with cost of tuition, textbooks, transportation, job search assistance. Eligibility varies by program.

Oklahoma City Community College Community Outreach and Education 405-682-7859
7777 S. May Ave., OKC, OK 73159
Mon-Fri 8am-5pm

- ABE & GED PREP classes provided.

Oklahoma City Public Schools Native American Student Services 405-587-0357
900 N. Klein, OKC, OK 73118
Mon - Fri 7:30am – 4:30pm.

After school tutoring, night school for juniors and seniors, career and higher ed. workshops, drug/alcohol prevention. Native American descent, reside in Oklahoma City School district.

Oklahoma Cooperative Extension Service 405-744-5398
930 N Portland, OKC, OK 73107
Mon - Fri 8am - 4:30pm.

Family and consumer science services, nutrition, health, parenting and co-parenting education, gardening. Oklahoma County residents no fee.

Oklahoma State University at OKC Student Support Services 405-945-8627
900 N. Portland Ave., OKC, OK 73107
Mon –Thu, 8:00am – 5:30pm & Fri 8am-5pm
GED 405-945-8691
www.osuokc.edu/soar

For first generation college student, financially disadvantaged, and/or physically challenged.

- Academic advisement
- Career counseling
- Extensive tutorial assistance
- Financial aid information
- Cultural events/field trips
- Advocacy intervention
- Referrals to campus and community resources
- Workshops (stress management, note taking/study skills, career options, test anxiety, parenting skills, etc)

Presbyterian Urban Missions 405-946-1556
3737 N. Portland Oklahoma City, OK 73112
Food Pantry 1pm - 4pm (provide 2 weeks of food per member of family)

- After school care Monday – Friday
- Tutoring Program for Kaiser Elementary (*there is currently a 2-year waiting list*),
- Emergency groceries for up to 4 days,
- Need a referral from DHS or proof of income first visit

REACH – Oklahoma State University OKC 405-945-8636
900 N Portland, OKC, OK 73107
Mon - Fri 8am - 5pm.
www.osuokc.edu/reach

REACH provides short-term educational and career skills training in various areas that qualify students to enter the workforce in professional positions. Courses are individualized to each student's educational plan. Students are given the opportunity to apply skills on the job through internships and work experience assignments. Professional development workshops and job search activities are an integral part of the students' learning experience. College credit is available for certificates and AAS degree programs as stated in the DHS employability plan.

Rose State College 405-736-0315
6420 SE 15th St., Midwest City, OK 73110

Mon - Fri 8am - 5pm.

Skills and needs assessment, job training, pre-employment training. Fee varies.

Salvation Army

405-246-1060

Men's lodge 405-246- 1080

Family lodge 405-246-1133

311 SW 5th St., OKC, OK 73101

PO Box 2095, OKC, OK 73101

Mon - Thu 9am - noon, 1pm - 3:30pm.

- Food Assistance, Meals, Emergency Shelter, Clothing Assistance, Utility Assistance, Christmas Assistance.
- Senior Citizens Transportation Program
- Boys & Girls Clubs serves as a youth center for children of working parents. Children are provided with meals, homework assistance, character-building activities and recreation activities at the center, located at 2808 SE 44th and at 201 S. Bickford in El Reno, 73036.
- Serves Oklahoma, Canadian and Cleveland counties.

Shiloh

405-858-7011

601 N.E. 63rd St., OKC, OK 73105

www.shilohcamp.orgwww.theshiloh.net

Call for Information. Shiloh provides programs designed to promote learning, healing, and wholeness. Will reach inner city youth and families in a beautiful, natural environment. These programs will include education, training, outdoor athletics, recreation, and cultural activities.

SmartStart

**405-278-6978
1-866-283-0987**

421 NW 13th Str., OKC, OK 73103

Mon - Fri 9am - 5pm.

www.smartstartok.org

A statewide early childhood initiative coalition to promote school readiness.

Sunbeam Family Services

405-528-7721

1100 NW 14th St., OKC, OK 73106

8:30am – 8pm Mon – Wed, 8:30am – 5pm Thu & Fri

www.sunbeamfamilyservices.org

- Emergency and contract foster care for abused/neglected children.
- Individual, marital, and family counseling for all ages based on sliding scale for those without insurance (insurance also accepted).
- Senior Services (including senior companion program, caregivers program for seniors, and adult shelter for those 55+).
- Early Head Start

(TEEM) The Education and Employment Ministry

405-235-5671

14 NE 13th, OKC, OK 73104

Mon - Fri 8am - 3pm.

www.teem.org

Only open to incarcerated individuals (non-violent felons). Faith-based, provides job training, including assistance in obtaining GED and learning job skills (such as computer skills). Also assists in job search. No charge for services. Must be 18 years or over.

Urban League of Greater OKC

405-424-5243

3900 N Martin Luther King Ave., OKC, OK 73111

Mon - Fri 8am - 5pm.

www.urbanleagueokc.org

No longer open to the general public--they only work with incarcerated individuals (non-violent felons). Faith-based, provides job training, including assistance in obtaining GED and learning job skills (such as computer skills). Also assists in job search. No charge for services. Must be 18 years or over.

Whiz Kids

405-602-2815

923 N Robinson, Suite 320, OKC, OK 73102

Mon - Thu 9am - 5pm.

www.whizkids.org

Improves the well-being of inner-city youth through academic tutoring, positive mentoring relationships and by communicating spiritual and moral values. Faith-based program for elementary age students at selected schools.

Workforce Oklahoma Youth Program

405-713-1890

7401 N.E. 23rd St., OKC, OK 73141

Mon – Fri 8am – 5pm

www.mycareerchoice.org

The Workforce Oklahoma Center's Youth Program is designed to help young people 16-21 years old to earn a high school diploma or equivalent and to become job ready and career oriented.

- Free Career Guidance
- Free information on college and technical schools
- Free financial aid guidance
- Free study skills development
- Free academic counseling
- Free short-term refresher courses and tutoring
- Free college preparation instruction – basic math through algebra, English, grammar, and composition reading

EMPLOYMENT SERVICES

American Indian Education, Training, and Employment Center

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American Indian Vocational Rehabilitation Program

405-951-3400

3535 NW 58th St., Suite 500, OKC, OK 73132

Mon - Fri 9am - 5pm.

www.okrehab.org

Vocational, medical and psychological evaluations. Vocational guidance and counseling. Rehabilitation devices and equipment.