

Mon - Fri 8am - 5pm.

Skills and needs assessment, job training, pre-employment training. Fee varies.

Salvation Army

405-246-1060

Men's lodge 405-246- 1080

Family lodge 405-246-1133

311 SW 5th St., OKC, OK 73101

PO Box 2095, OKC, OK 73101

Mon - Thu 9am - noon, 1pm - 3:30pm.

- Food Assistance, Meals, Emergency Shelter, Clothing Assistance, Utility Assistance, Christmas Assistance.
- Senior Citizens Transportation Program
- Boys & Girls Clubs serves as a youth center for children of working parents. Children are provided with meals, homework assistance, character-building activities and recreation activities at the center, located at 2808 SE 44th and at 201 S. Bickford in El Reno, 73036.
- Serves Oklahoma, Canadian and Cleveland counties.

Shiloh

405-858-7011

601 N.E. 63rd St., OKC, OK 73105

www.shilohcamp.orgwww.theshiloh.net

Call for Information. Shiloh provides programs designed to promote learning, healing, and wholeness. Will reach inner city youth and families in a beautiful, natural environment. These programs will include education, training, outdoor athletics, recreation, and cultural activities.

SmartStart

**405-278-6978
1-866-283-0987**

421 NW 13th Str., OKC, OK 73103

Mon - Fri 9am - 5pm.

www.smartstartok.org

A statewide early childhood initiative coalition to promote school readiness.

Sunbeam Family Services

405-528-7721

1100 NW 14th St., OKC, OK 73106

8:30am – 8pm Mon – Wed, 8:30am – 5pm Thu & Fri

www.sunbeamfamilyservices.org

- Emergency and contract foster care for abused/neglected children.
- Individual, marital, and family counseling for all ages based on sliding scale for those without insurance (insurance also accepted).
- Senior Services (including senior companion program, caregivers program for seniors, and adult shelter for those 55+).
- Early Head Start

(TEEM) The Education and Employment Ministry

405-235-5671

14 NE 13th, OKC, OK 73104

Mon - Fri 8am - 3pm.

www.teem.org

Only open to incarcerated individuals (non-violent felons). Faith-based, provides job training, including assistance in obtaining GED and learning job skills (such as computer skills). Also assists in job search. No charge for services. Must be 18 years or over.

Urban League of Greater OKC

405-424-5243

3900 N Martin Luther King Ave., OKC, OK 73111

Mon - Fri 8am - 5pm.

www.urbanleagueokc.org

No longer open to the general public--they only work with incarcerated individuals (non-violent felons). Faith-based, provides job training, including assistance in obtaining GED and learning job skills (such as computer skills). Also assists in job search. No charge for services. Must be 18 years or over.

Whiz Kids

405-602-2815

923 N Robinson, Suite 320, OKC, OK 73102

Mon - Thu 9am - 5pm.

www.whizkids.org

Improves the well-being of inner-city youth through academic tutoring, positive mentoring relationships and by communicating spiritual and moral values. Faith-based program for elementary age students at selected schools.

Workforce Oklahoma Youth Program

405-713-1890

7401 N.E. 23rd St., OKC, OK 73141

Mon – Fri 8am – 5pm

www.mycareerchoice.org

The Workforce Oklahoma Center's Youth Program is designed to help young people 16-21 years old to earn a high school diploma or equivalent and to become job ready and career oriented.

- Free Career Guidance
- Free information on college and technical schools
- Free financial aid guidance
- Free study skills development
- Free academic counseling
- Free short-term refresher courses and tutoring
- Free college preparation instruction – basic math through algebra, English, grammar, and composition reading

EMPLOYMENT SERVICES

American Indian Education, Training, and Employment Center

405-810-9202

4801 N. Classen Blvd., Suite 200, OKC, OK 73118

Mon – Fri 8:30-11am & 1- 4:30pm (except Mon mornings)

- Funded through the Department of Labor.
- Vocational training provides training and job search assistance.
- Must live in OK County.
- GED classes offered for individuals 18 and older.
- Also offer a summer youth program for individuals 14 – 21 that includes working in the summer.
- Year-round vocational training offered for youth & adults.

American Indian Vocational Rehabilitation Program

405-951-3400

3535 NW 58th St., Suite 500, OKC, OK 73132

Mon - Fri 9am - 5pm.

www.okrehab.org

Vocational, medical and psychological evaluations. Vocational guidance and counseling. Rehabilitation devices and equipment.

Job placement. Proof of citizenship from state or federally recognized tribe. Reside within area served by participating tribe.

Carl Albert State College

Assessment Services

405-942-2180

3120 W Britton Rd., Suite 200, OKC, OK

Referral is made through OKDHS TANF worker. Provides educational, vocational, vision screening and learning disability assessments, with client advocate services for those determined to have a potential learning disability, to TANF required registrants.

Cheyenne-Arapaho Tribes

of Oklahoma

405-262-0345 ext. 27490

PO Box 38, Concho, Oklahoma 73022

Mon - Fri 8am - 5pm.

Job placement, vocational training. Must be 1/4 Native American.

City Care – Pershing Center

405-609-2400

2400 General Pershing Blvd., OKC, OK 73107

www.citycareinc.org

Mon - Fri 9am - 5pm.

City Care is a 501 © (3) non-profit organization at work in the Oklahoma City metro area, improving the lives of those in poverty. City Care prepares Oklahoma City's less fortunate for positive change by providing:

- Food, shelter and sanctuary for the homeless
- Supportive housing for low-income families and homeless
- One-on-one tutoring and mentoring for inner-city kids through City Care's Whiz Kids Oklahoma
- The opportunity to build life skills with City Kids Outdoors at Crystal Lake

Altogether, City Care is working to provide an opportunity to transition out of homelessness and achieve long-term success.

Counseling Solutions and Interventions

405-601-6710

1330 N Classen Blvd., Suite 214, OKC, OK 73106

Hours by Appt. Services include: grief counseling, anger management, group, individual and family counseling, psychosocial rehabilitation, parenting classes, prevention programs, crisis intervention, vocational assessment, career counseling, job development and placement. Fees are based on sliding scale, Medicaid/SoonerCare or private insurance accepted, or OKDHS approval.

Family Self-Sufficiency Program – Oklahoma City Housing Authority

405-239-7551

1700 N.E. 4th, OKC, OK 73117

Mon - Fri 8am – 5pm.

The FSS program is for those who are unemployed or already employed but want to increase their income and who are willing to commit to changing their lives. Each FSS participant creates a five-year plan that includes employment goals and identifies training or educational needs. FSS staff will work with the household to identify, locate, and arrange for the services they need to accomplish these goals. Services might include child care, education, transportation, personal development, résumés, job training and placement. As FSS participants succeed in raising their family income, the portion of their monthly income contributed toward their Section 8 rent payment also increases. HUD regulations allow a percentage of this rent

increase to be deposited into an interest bearing escrow account for the family. If the family meets its goals within five years and "graduates" from welfare assistance for a period of twelve consecutive months, they will receive the funds in this account. This is a great incentive for those new in the work force and for those ready to reach goals set early in life. Many participants use this escrow as a down payment in purchasing a home or to start their own business. Must be on Section 8 Program of the Oklahoma City Housing Authority.

Goodwill Industries-

405-278-7152

Job Connection Center

316 S. Blackwelder (off of Reno between Western and Penn)

Mon-Fri 8:30am-4:30pm

www.okgoodwill.org

We help people in need-- people with criminal backgrounds, people with disabilities, seniors, veterans and military families, youth, people re-entering the workforce, people changing careers and any other person who might be unemployed. We partner with local agencies and businesses to bring people and resources together. No appointment necessary. No cost.

Labor Ready

914 N.W. 23rd, OKC, OK 73106

405-524-1388

925 SW 59th Str, OKC, OK 73109

405-634-3100

Mon – Fri 5:30am– 6pm; Apply Mon - Fri 8am - 3pm

- Need two forms of ID (one must be a picture ID)
- Temporary to permanent jobs
- Will hire both men and women
- Work today - paid today
- Construction
- Manufacturing
- Industrial
- Freight handling
- Warehouse
- Landscaping
- Janitorial
- Family Self-Sufficiency Program

(DRS) Oklahoma Department of Rehabilitation Services

1-800-487-4042

1-800-845-8476

8001 S. I-35 Service Road, Ste. 100, OKC, OK 73149

Mon - Fri 8am - 5pm.

www.workforceok.org/

DRS expands opportunities for employment, independent life and economic self-sufficiency by helping Oklahomans with disabilities bridge barriers to success in the workplace, school and at home. No Fee.

Oklahoma Employment Securities Commission

405-557-7100

2401 N Lincoln Blvd., OKC, OK 73105

Mon - Fri 8am - 5pm.

www.workforceok.org/

OESC offers many services to Oklahoma job-seekers and residents, including referral to suitable employment opportunities, job training assistance to economically disadvantaged individuals, those dislocated due to business closings and layoffs, and assessment of an individual's needs and referral to supportive

agencies and programs. Unemployment insurance benefits are also handled through these offices.

OKC Eastside **405-713-1890**
7401 NE 23rd, OKC, OK 73141
FAX: 405-713-1898
Email: manager.east@oesc.state.ok.us
Mon – Fri 8am – 5pm

Norman **405-701-2000**
1141 E main, Norman, OK
FAX: 405-701-2042
Mon – Fri 8am – 5pm

OKC Brookwood South **405-234-5000**
9210 S. Western, Ste. A-9 OKC, OK 73139
Mon – Fri 8am – 5pm

Oklahoma City Community College **405-682-7519**
Student Employment and Career Services

- Support services include assistance in obtaining a work study and/or work related activity and other support services that lead to employment.
- Career Transitions Program – 405-682-7844 - assists individuals facing economic challenges (i.e. receiving temporary assistance) in acquiring educational attainment that will assist them in obtaining self-sufficiency. Provide participants with educational training that leads toward completion of a college certificate and/or an associate degree.

Oklahoma City Housing Authority **405-239-7551**
1700 N.E. 4th, OKC, OK 73117
Mon – Fri 8am – 5pm
www.ochanet.org
Must be on Section 8 Program of the Oklahoma City Housing Authority

- Job development
- Resume writing
- Parenting skills
- Budgeting
- Homeownership counseling
- Child Care providers
- Escrow or savings account

Opportunities Industrialization Center **405-235-2651**
400 N. Walnut Ave OKC, OK 73104
Mon-Fri 7:30am- 4:00pm

Serves unemployed and underemployed. Assistance in upgrading reading and math skills, GED prep, and computer skills. Offer counseling and job placement as well.

REACH – Oklahoma State University OKC **405-945-8636**
900 N Portland, OKC, OK 73107
Mon - Fri 8am - 5pm.

www.osuokc.edu/reach

REACH provides short-term educational and career skills training in various areas that qualify students to enter the workforce in professional positions. Courses are individualized to each student's educational plan. Students are given the opportunity to apply skills on the job through internships and work experience assignments. Professional development workshops and job search

activities are an integral part of the students' learning experience. College credit is available for certificates and AAS degree programs as stated in the DHS employability plan.

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www.teem.org

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Workforce Oklahoma Employment Security Commission

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EYE CLINICS

Baptist Mission Center **405-235-6162**
2125 Exchange Ave, OKC, OK 73108

- Prescription eyeglasses (payment required)
- Free to book eye an appointments in Newcastle (Wednesdays Only)
- Call for more information.

Integris Baptist Community Clinic **405-951-2277**
1201 NW 10th, OKC, OK 73106 (Located in Olivet Baptist Church – the clinic is located between Elision and Klein St.)
2nd and 4th Mondays
Take clients with long term medical conditions not emergencies.

Crossings Community Clinic **405-749-0800**
2208 W. Hefner Rd. OKC OK 73120

- Offers health, dental and counseling care in a Christian environment. No cost.
- Appointment Only
- For uninsured and under resourced
- If no answer please leave a message

Lions Eye Bank **405-947-6540**