

Oklahoma Money Matters is an initiative of the Oklahoma College Assistance Program, an operating division of the Oklahoma State Regents for Higher Education. Personal finance resources to help Oklahomans make positive financial choices.

Oklahoma Indian Legal Services, Inc. 405-943-6457
4200 Perimeter Center, Suite 222, 800-658-1497 (In State Only)
OKC, OK 73122

www.oilsonline.org

OILS is a non-profit legal aid office that provides services to low-income Indians living in Oklahoma. OILS specializes in the areas of law that impact Indian people because they are members of a federally-recognized tribe. OILS also conducts several other programs designed to help all citizens. For example, OILS conducts a low-income tax clinic with funding from the Internal Revenue Service.

Social Security Administration 1-866-772-1213
TTY: 1-800-325-0778

Shepherd Mall 2615 Villa Prom OKC, OK 73107

www.ssa.gov

M.T.Thur.F: 9am-3pm & W: 9am-12pm

Federally funded financial support system.

Tinker Airmen and Family Readiness Center 405-739-2747

6001 Arnold Ave. Tinker AFB, OK 73145

Mon - Fri 7:30am - 4:30pm.

- Credit management, budgeting, how to buy a car or house, thrift savings plan for federal employees.
- Requirement DOD card holder, no fees.

FOOD

Alameda Baptist Church 405-329-5157

1503 E. Alameda Norman, OK

M, T TH, 10am – 12pm

Food pantry available for residents of Norman and Noble only.

Call for appointment.

Alameda Church of Christ 405-321-0788

801 E. Alameda Norman, OK 73071

Wed 10:00 am – 1:00 pm

2nd Saturday 9:00 am – Noon

4th Thursday 5:30 pm – 7:30 pm

No appointment necessary. Bring photo ID. Food can be picked up every other month. Serves entire metro area.

Antioch Christian Church 405-691-2115

3616 SW 119th St OKC, OK 73170

Food pantry. Call on Mondays to schedule an appt for Wednesdays.

Baptist Mission Center (Food pantry) 405-235-6162

2125 Exchange Ave, OKC, OK 73108

Thu 1pm-3pm

Food Pantry

- 25 family weekly intake

- Can only receive every other month
- Valid ID and utility bill (to verify address) required
- Also handout additional list of Food Pantries

BritVil Food Pantry 405-842-1275

8717 N. Western, OKC, OK 73114

Serves zip codes: 73114, 73120, 73131, 73105

Mon – Fri 9am – 11am

(They open at 9am but start handing out numbers at 8am)

- Food pantry provided.
- Must bring photo ID on every visit and provide address verification/utility bill and social security card for every member of the household to initial visit, as well as annually.

CAREFOROKC 405-232-4255

(A ministry of First Baptist Church of Oklahoma City)

1201 N. Robinson, OKC, OK 73103

Food Pantry and Clothing Room

Mondays Only 4:30 - 6:30 pm (No appointment necessary)

Must have ID or Proof of Residency

Available for zip codes: 73103, 73104, 73015, 73106, 73107, 73108 and 73118

Catholic Charities Archdiocese of Oklahoma City 405-523-3038 / 1-800-375-8514

1501 Classen Blvd. OKC, OK 73106

Mon – Fri 8am – 5pm

www.catholiccharitiesok.org

Disaster relief program that provides pre- and post- adoption services; pregnancy counseling; marriage, family and individual counseling; immigration legal services; refugee resettlement; emergency rent and utility assistance; disaster relief; homeless services; faith community nursing; and parish outreach, Resale shop. Maternity wear, clothes for preemie-10 yrs, other baby items, furniture etc.

Christian Service Center 405-236-5956

115 SW 24th St., OKC, OK 73109

9am – 2pm (must arrive by 1:30pm) Mon – Fri

- Serves residents located in zip codes: 73139, 73149, 73159, 73169, 73170, & 73179.
- Referral needed from DHS, Community Action, or a Church of Christ.
- Provides food at no cost.

City Care, Inc. 405-609-2400

2400 General Pershing Blvd, OKC, OK 73107

www.citycareinc.org

Food outreach as well as affordable housing. City Care is a 501 (c)(3) non-profit organization at work in the Oklahoma City metro area, improving the lives of those in poverty. City Care prepares Oklahoma City's less fortunate for positive change by providing: Food, shelter and sanctuary for the homeless. Supportive housing for low-income families and homeless. One-on-one tutoring and mentoring for inner-city kids through City Care's Whiz Kids Oklahoma The opportunity to build life skills with City Kids Outdoors at Crystal Lake. Altogether, City Care is working to provide an opportunity to transition out of homelessness and achieve long-term success.

- **Whiz Kids Oklahoma Office**
923 North Robinson, Suite 320
Oklahoma City, OK 73102
Phone: (405) 602-2815
- **OKC Homeless Day Shelter**
1729 NW 3rd Street
Oklahoma City, OK 73106
Phone: (405) 415-8500

Compassionate Hands **405-354-9591**
119 S. 6th St., Yukon, OK 73099
Mon – Fri 9am – 4pm
www.compassionatehandsyukon.com

- Offer food pantry
- Serves zip code: 73099
- Referrals
- Provide utility/rent
- Prescription assistance to those who live in their service area.

Council Road Baptist Church **405-789-3175**
2900 N. Council Rd., Bethany, OK 73008
Mon – Fri 9am – 10am
www.councilroad.org

- Food pantry provided to individuals living in zip codes 73008, 73099, 73122, 73132, & 73127.
- ID required
- May only come once a month.

Cross & Crown Mission **405-232-7696**
1008 N. McKinley, OKC, OK
Serves certain zip codes in NE OKC only.

- AA meeting at Noon on Mondays.
- Food pantry Mon, Tues, & Wed beginning at 11am until the first 50 families are served.
- Medical clinic Tues. to the 1st 15 families beginning @ 8:30am

Fairview Baptist Church **405-232-1621**
1700 NE 7th St. OKC, OK 73117
4th Sat: 10:00 a.m. until food is gone
<http://www.fairviewokc.com/>

The Father's Business **405-794-3161**
805 NW 24th St Moore, OK
Open 4th Tues. of every month from 1 pm - 5 pm
Food and clothing pantry. Call ahead for zip codes.

First Baptist Church of Bethany **405-789-3312**
3800 Mueller, Bethany, OK (west of McArthur) 73008
Wed 9:30-11:30am
www.fcbbethany.com
Supply kit of non-perishables.

- Please bring valid photo ID.

First Southern Baptist Church of Del City **405-732-1300**
6400 S Sooner Rd., OKC, OK 73135
Pantry hours: Wed. & Thur. 1-4 pm (Serves 73110, 73130, 73141, 73145, 73150, 73151, 73115, 73129, 73135, 73149, 73020, 73041, 73045, 73049, 73050, 73051, 73054, 73066, 73084).

First Baptist Church of Moore (Care Center) **405-793-2600**
301 NE 27th Moore, OK 73160
Mon 10am-1pm
www.firstmoore.com
Must be a resident of Moore.

- Provide ID and utility bill.
- Food and clothing.

Food & Shelter Inc. **405-360-4954**
104 W. Comanche St. Norman, OK 73069
Mon- Fri 9 am- 5 pm, Sat 8 am - 1 pm, Sun 9 am - 2 pm
www.foodandshelterinc.org
Food, Housing, and Emergency Services for people in crisis.

Highland Baptist Church **405-794-5432**
2425 SE 4th St Moore, OK
Tues & Thu 9am-12pm

- Food Pantry available.

Hope Center **405-348-1340**
1251 N. Broadway, Edmond, OK 73034
M.T.W.R: 8:30am-4pm; F: 8:30-noon
www.hopecenterofedmond.com

- Edmond and Arcadia residents only
- Requires ID and utility bill
- For financial aid, current income required

Jesus House **405-232-7164**
1335 W. Sheridan, OKC, OK 73146
Food Baskets M-W-F 8:30am-noon
www.jesushouse.org

- Also offer Clothing and Furniture T.R.: 8:30pm-noon
- Week days 3 hot meals (7:30am-noon-4:30pm)
- Weekends 2 hot meals (10:30am-4:30pm)

Love Link Ministries **405-239-6219**
1122 Linwood Blvd., OKC, OK 73106
Food Pantry open Tues & Fri 11 am - 1 pm
Food Pantry, Need photo ID and proof of address, Can come once a month.

Masters Market Mission Mid Del **405-737-2010**
5751 E. Reno, Midwest City, OK 73110
Pantry hours: Tue. & Fri. 10 am – 1:30 pm
Serves Midwest City Area: 73110, 73115, 73130, 73135, 73141, 73145, 73150, 73165, 73020, 73066, 73084, 73117, (east of Bryant Avenue only). Documentation Required: Proof of residency (rent receipt or utility bill).

Mid Del Food Pantry **405-732-3603**
322 N. Midwest Blvd. Midwest City, OK 73110
Pantry hours: Mon-Wed-Fri 10 am-Noon & 1-3 pm
Serves Zip Codes served: 73007, 73020, 73045, 73049, 73054, 73066, 73084, 73110, 73115, 73117, 73121, 73130, 73135, 73141, 73145, 73150, 73165, 74857

Midwest City Free Methodist Church **405-732-0648**
6500 E. Reno Ave., Midwest City, OK 73110
Food pantry hours Thursdays 4-6 pm
Serves Midwest City residents.
www.midwestcityfmc.com
Important: Call to confirm that hours have not changed.

Mt. Carmel Baptist Church 405-424-5531
3721 Staton Dr., OKC, OK 73111
Mon 5pm – 6pm
www.mtcarmelokc.com
Food pantry provided.

Nicoma Park Church of Christ 405-769-2212
2420 Overholster Nicoma Park, OK - 73066
Wednesdays: 1:00-3:00 p.m.

OKC Public School Child Nutrition Services 405-587-1032
Free or reduced price school lunches are available for children who attend Oklahoma City Schools whose families meet income criteria. Log on to link: www.okcps.org/cns or call for more information. Similar programs may be available in other school districts. For schools other than those in the Oklahoma City School District, please contact the school or district.

Reaching Our City (ROC) 405-440-9994
7710 NW 10th, OKC, OK 73127
M.R.F 10am-11:30am & 1pm-2:30pm & 2nd and 4th Saturday of every month from 10am-11:30am
www.reachingourcity.org

- Offer a food pantry to people residing in area (12 zip codes in close proximity)
- Free legal aid counseling (call for appointment)
- Childcare center.
- Also provides clothing and children medical clinic

Regency Park Baptist Church 405-794-3507
2001 N. Janeway Moore, OK 73160
Wed. 10am- 4pm

- Food and Clothing for residents of Moore.
- Need ID and Social Security numbers of each member of the household.

Regional Food Bank 405-972-1111
3355 S Purdue Ave, Oklahoma City, OK 73137
www.regionalfoodbank.org
Visit this site to search for local food banks by zip code.

Skyline Urban Ministries Community Cupboard 405-236-5212
701 NW 8th Street, OKC, OK 73102
Food Bank is open Tues. & Thur. be in line by 1:00 pm - 4:00 pm
Provides approximately 1 week of groceries (up to 12 meals per persons in family) up to 6 times a calendar year.

- Photo ID required.
- Some form of ID (Photo ID, Social Security Card, Veteran's Card, etc.) needs to be provided for each individual (spouse, child, or other member of household) for whom food is being requested.
- Upon arrival, will be given number; will then meet with a volunteer; that volunteer will go through the pantry with participants.
- This program serves approximately 40 to 60 individuals a day.
- Skyline also offers a community charity eye clinic.

Skyline Urban Ministries 405-632-2644
Senior Nutrition- Prime Timers Program
500 SE 15th St. OKC OK 73129
Mon, Wed, & Fri 8am – 12pm
Program provides breakfast and lunch to senior citizens.

St. Christopher Episcopal Church 405-732-4802
800 S. Midwest Blvd., Midwest City, OK 73140
Emergency food pantry hours are 12:30-2pm Monday through Friday. Please call first as supplies are limited.
<http://stchristophers.epiok.org>
St. Christopher's goal is an emergency food pantry, providing one day of food for your family. Interested individuals must provide driver license for themselves, as well as social security cards for their children plus utility bill stating where you live.

St. Luke Baptist Church 405-769-5123
10001 NE 50th Spencer, OK 73084
Pantry hours: M-F 9 am-3 pm (Serves 73084 area)

Sunnylane Family Church Food Pantry 405-677-0631
4221 SE 41st St. Del City, Ok 73115
Documentation Required: Photo ID and proof of residency (utility bill, etc.). Pantry hours: We are ONLY open Wednesday nights from 6-7:30 pm. *Please call to confirm hours have not changed.
<http://www.sunnylanechurch.com>

Trinity Baptist Church 405-321-2000
801 N. Peters Norman, OK 73064
Wed 5pm - 6pm
www.trinityokc.com

- Food pantry for residents of Norman and Noble.
- Need ID and proof of address.

Trinity International Baptist Church 405-528-6327
1329 NW 23rd St., OKC, OK 73106
Thu 9:30am – 11:30am & 1pm – 3pm

- Food pantry provided within the area code.
- For additional information please call.

Presbyterian Urban Missions 405-946-1556
3737 N. Portland Oklahoma City, OK 73112
Food Pantry 1pm - 4pm (provide 2 weeks of food per member of family)

- After school care Monday – Friday
- Tutoring Program for Kaiser Elementary (*there is currently a 2-year waiting list*),
- Emergency groceries for up to 4 days,
- Need a referral from DHS or proof of income first visit

Wildewood Christian Church 405-478-0781
6900 N. Kelley Ave OKC, OK 73111
Food Pantry opens Friday from 11am-2pm
www.wildewoodcc.com

FURNITURE

Baby's Bargains 405-722-9209
9113 N Council, OKC, OK 73132