

Tues-Sat 10am - 6pm.
www.babysbargains.com

**Catholic Charities Archdiocese
of Oklahoma City** 405-523-3038 / 1-800-375-8514
1501 Classen Blvd. OKC, OK 73106
Mon – Fri 8am – 4:30pm
www.catholiccharitiesok.org

Disaster relief program that provides pre- and post- adoption services; pregnancy counseling; marriage, family and individual counseling; immigration legal services; refugee resettlement; emergency rent and utility assistance; disaster relief; homeless services; faith community nursing; and parish outreach, Resale shop. Maternity wear, clothes for preemie-10 yrs, other baby items, furniture etc.

Christian Service Center 405-236-5956
115 S.W. 24th St., OKC, OK 73109
9am – 2pm (must arrive by 1:30pm) Mon – Fri

- Food assistance with referral
- No referral necessary for thrift store items
- Bring picture ID
- Misc. household items

Jesus House 405-232-7164
1335 W. Sheridan, OKC, OK
M.W.F. 10am – 4pm
www.jesushouse.org

- Furniture available Tues morning.
- First come, first served.

The Urban Mission 405-946-1556
3737 N. Portland, OKC, OK 73112

- Household items provided for “Burnout” victims referred by the Red Cross.
- Appointment required

GAMBLING TREATMENT PROGRAMS

**NAIC (Norman Addiction Information
And Counseling)** 405-321-0022
1-866-884-4595
215 W. Linn, Norman, OK 73069
www.naichelp.org
NAIC is open from 8 am to 6:30 pm., Monday through Thursday, and 8am to 5pm on Friday. Counseling appointments, groups and classes are scheduled until 9 pm and some weekends. Counseling and other programs (prevention, counseling, training, alcohol, drugs, or gambling).

A Chance to Change Foundation 405-840-9000
5228 Classen Circle, OKC, OK 73118
Mon – Fri 8am – 5pm (evenings by appointment)
www.achancetochange.org

- Offers assistance with substance abuse, problem gambling, sex addiction, and other behavioral addictions.
- Counselors are qualified to work with those suffering from depression, anxiety, post-traumatic stress syndrome, and other trauma.
- Can help with marital and family issues and have children and adolescent specialists on staff.

- Offers education classes, workshops, and prevention programs.
- Accept private insurance, Medicaid, and offer a sliding scale fee based on household income.
- Sliding scale is for substance abuse only

Gateway to Prevention and Recovery, Inc. 405-273-1170
1010 E. 45th Street, Shawnee, OK 74804
www.gatewaytoprevention.org
Programs and prevention for gambling.

- DUI assessments and court mandated driving courses.
- Drug court
- Outpatient facility

**Oklahoma Association for Problem
& Compulsive Gambling** 1-800-522-4700
www.oapcg.org
The Problem Gambling Helpline is a statewide, toll-free, confidential way to receive information and/ or referral to services.

GRIEF SUPPORT GROUPS

Calm Waters 405-841-4800
4334 NW Expressway, Suite 101, OKC, OK 73116
www.calmwaters.org
Support groups and services for children and families affected by various forms of loss (including death, prison sentence, and divorce).

Compassionate Friends
www.compassionatefriends.org
Grief support for bereaved parents, siblings and grandparents

- North Oklahoma City Chapter 405-615-0069
Mayflower Congregational Church
3901 NW 63rd Street, OKC, OK
2nd Thu monthly 7:30PM
- Norman Chapter 405-360-4287
Community Services Building (north conference room) on corner of 12th and East Main Street in Norman, OK
3rd Tues monthly

Crossings Community Church 405-749-0800
14600 N Portland OKC, OK 73134
Mon. 6pm.
crossingsokc.org/serveandvolunteer/CrossingsCommunityCenterClinic
Divorce care, grief share, anger management for men, blended family support, celebrate recovery 12 step Bible study, educational group, life tools for parents and teens, alcohol anonymous, gamblers anonymous, compulsive eaters anonymous, health and dental. Free and open to the public.

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Counseling and support services.