

**MIDWEST CITY LITERACY LINK** 405-732-2737  
 8143 E Reno Ave, Midwest City, OK 73110  
 Times vary - call for appointment  
[www.Literacylinkok.org](http://www.Literacylinkok.org)  
 Free one-to-one tutoring for adult learners in basic literacy and English as a Second Language. Call for information.

**OKC METRO LITERACY COALITION** 405-830-2790  
 1444 NW 28th St OKC, OK 73106  
[www.okcliteracycoalition.org](http://www.okcliteracycoalition.org)  
 The goal of the OKC Metro Literacy Coalition is to ensure anyone who wants literacy services can readily access them and that every literacy provider has the resources it needs to provide the best services possible for every learner.

**OKLAHOMA LITERACY RESOURCE OFFICE** 405-522-3205  
 200 N.E. 18th St., OKC, OK 73105  
 Mon - Fri 8 am - 5 pm  
[www.odl.state.ok.us/literacy](http://www.odl.state.ok.us/literacy)  
 Clearinghouse for Oklahoma literacy information and resources.

**OIC (OPPORTUNITIES INDUSTRIALIZATION CENTER)** 405-235-2651  
 3033 W. Walnut Ave, OKC, OK 73105  
 Mon - Fri 7:30 am - 4:00 pm  
[www.oicofoklahomacounty.okpls.org](http://www.oicofoklahomacounty.okpls.org)  
 OIC encourages and empowers adult learners by providing a wide range of educational opportunities and resources including one-to-one tutoring, small group classes, and computer assisted instruction. Students have use of a computer lab, library, counseling service, and job placement. Instruction is available for basic literacy, GED, English as a Second Language, and TANF. The caring staff will help you reach your education goals. Call to set up an appointment and find a program that is right for you.

**PIONEER LIBRARY SYSTEM** 405-701-2682  
 (Literacy services in Moore, Noble, Norman and SW OKC)  
 Norman Public Library (primary contact), 225 N Webster, Norman, OK 73069  
 Times vary by location  
[pioneerlibrarysystem.org/special-services/adult-literacy](http://pioneerlibrarysystem.org/special-services/adult-literacy)

Free tutoring and small group instruction in basic literacy and English as a Second Language. Other services include GED preparation, online tutoring, and adult learner book club. Call for information about services and hours for multiple locations and to learn about programs in Shawnee and Purcell.

## MATERNITY RESIDENT PROGRAMS

### Birth Choice of Oklahoma Inc.

Locations (call for hours of operations)

- 4701 S. Western, OKC, OK 73109 405-631-4477
- 11A Burton Pl., Edmond, OK 73034 405-330-2111
- 6006 N Rockwell, Bethany, OK 73008 405-495-6919
- 400 W London St. El Reno, OK 73036 405-262-0003

Provides pregnancy testing, maternity clothing, baby clothing, sizes newborn-24 months, diapers, formula, car seats as available.

### Hope Home Baptist Children's Home

Maternity Homes: 918-272-2233  
 Children's Homes: 405-691-7781  
[www.obhc.org](http://www.obhc.org)

Oklahoma Baptist Homes for Children provides a continuum of maternity services and care for women, children and families of the state of Oklahoma. Residential maternity programs are in OKC and Tulsa.

**Neighborhood Services Organization** 405-236-0452  
 8101 S. Walker, OKC, OK 73139

Gatewood Home – A residential mentoring program where young mothers ages 18-23 will live in their own transitional apartments and learn life skills and parenting skills. For women 18-23 who are either pregnant or have one child under the age of five.

## MEDICAL CLINICS – FEES CHARGED

**Dr. Bruce Bell** 405-684-9105  
 4200 S. May OKC, OK 73109  
 10 dollars per visit. Family practice. Spanish speaking.

**BREAST CARE CENTER** 405-814-2273  
 2601 S.W. 119th, Suite A, OKC, OK 73120  
 Call for Hours.

Breast cancer screening and detection.

### Canadian County Health Department

Locations:  
 100 S. Rock Island, El Reno, OK 73036 405-262-0042  
 Call for hours  
 1023 E Vandament, Yukon, OK 73099 405-354-4872  
 Call for hours

Comprehensive public health services, STD screenings, family planning, child health, immunizations, maternity services, TB skin testing, public health education, nutrition services, peer breastfeeding counseling. Fees vary from free to sliding scale. Serves Canadian county.

### Cleveland County Health Department

Locations:  
 250 NE 12<sup>th</sup>, Norman, OK 73071 405-321-4048  
 Mon - Fri 8am - 5pm.

424 S. Eastern, Moore, OK 73160 405-794-1591  
 Mon - Fri 8am - 5pm. (Select Services)

- Hours vary according to service.
- Call for appt. Immunizations, family planning, STDs, limited dental clinic for children, child safety seats (when available), Child Guidance Clinic offers child and family counseling, food handler's class.
- Fees vary from free to sliding scale. Serves Cleveland county and surrounding areas.

**Community Action Agency** 405-232-0199

319 SW 25th St., OKC, OK 73106

Call for hours

[www.caaofokc.org](http://www.caaofokc.org)

- For Homeless only
- Assistance with eye exams, eyeglasses, and dentures
- Priority given to persons diligently seeking employment

**Health for Friends (Variety Care)** **405-329-4161**  
**405-329-1571**

317 E. Hines, Norman, OK 73069

Sliding scale fee. Norman and surrounding area residents only.

*Mon – Thu 8:30am to 12pm and 1pm to 5pm; Fri 8:30-12:00pm*

[www.healthforfriends.org](http://www.healthforfriends.org)

Accepts patients from Norman and the surrounding area regardless of income level, including those who are without insurance, or whose insurance may not cover their medical or dental needs. We also now accept patients who have Medicare or Medicaid/SoonerCare. Discounted fees and co-pays are based on household income. Providing ambulatory care services, urgent care medical services, and health education. Providing comprehensive dental services and oral health education to meet the growing needs of our community.

- **Medical**  
Monday – Thursday; 8:30 am – 5:00 pm  
Closed for lunch from 12:00 – 1:00  
Friday; 8:30 am – 12:00 pm.
- **Evening Programs**  
Every 2nd Tuesday of the Month  
Every 2nd and 4th Wednesday of the Month
- **General Dental Practice**  
Tuesday - Friday 8:30 a.m. - 5:00 p.m.  
Closed for lunch from 12:00 – 1:00
- **Extraction Clinic**  
Thursday 6:00 pm – 9:00 pm
- **Prescription Assistance Programs** **405-329-4161**
- **Women and Children's Center** **405-701-1804**

**Hope Center Health Service** **405-348-4680**

1251 N. Broadway, Edmond, OK

Call for an appointment. Immunizations, WIC program, and pregnancy clinic.

**Mary Mahoney Health Center** **405-769-3301**

12716 NE 36th, Spencer, OK 73140 (PO Box 30589)

(Past Spencer, close to Jones, OK)

*Clinic: call for hours*

*Pharmacy: call for hours*

- Low-cost EMG dental services only; NO surgical extractions/dentures/crowns.
- Must register at Clinic Center; based on sliding scale (lowest cost \$20); need income proof.
- Also provide primary medical care with in-house lab, pediatrics, WIC, psychological services, and case management on sliding scale

**Oklahoma City County Health Department** **405-427-8651**

[www.occhd.org](http://www.occhd.org)

921 NE 23<sup>rd</sup>, OKC, OK

*Call for hours*

**Oklahoma City Indian Clinic** **405-948-4900**

4913 W Reno, Oklahoma City, OK 73127

Call for hours

[www.okcic.org](http://www.okcic.org)

Appointments are for medical services. Call for an appointment. Immunizations, home and school visits, women's health issues. Same day pediatric care, HIV, TB, Diabetes, Nutrition, lab work, dental, pharmacy. Valid CDIB card is needed as well as other identifying documentation.

**Open arms clinic** **405-789-0458**

5252 N. Meridian Ave., Suite 101, OKC, OK 73112

Call for Hours.

[www.openarmsokc.org](http://www.openarmsokc.org)

Open Arms Clinic is a Christ-centered, charitable community healthcare center designed to serve as a medical home for the vulnerable population of Central Oklahoma. Offers general family practice medicine, and specialty clinics in areas such as dermatology, gynecology, and podiatry. For patients who meet eligibility guidelines, there is a flat fee for a visit with one a licensed medical professional. Patients are seen by appointment only.

**OU Children's Hospital** **405-271-5437**

1200 Children's Ave., OKC, OK 73104

*Mon – Fri 8:30am – 5pm*

- Emergency Department 405-271-4876
- Adolescent Clinic 405-271-6208

*Call for hours*

**OU Latino Clinic** **405-232-4160**

420 SW 10<sup>th</sup> OKC, OK

*Mon- Fri 7am- 7pm*

Low-cost pediatric healthcare. Ages newborn-18 years. \$20 per visit. Spanish speaking.

**OU Medical Center Medicine Resident Clinic** **405-271-5955**

711 S.L. Young Blvd. Suite 100

*Call for hours*

Visits are \$25 for those without insurance. Labs and X-rays are an extra charge.

**OU Physicians Dermatology Clinics** **405-271-6110**

619 NE 13th St., OKC, OK

*Mon - Fri 8am - 4pm.*

Dermatology clinic. Call for an appt.

**Planned Parenthood**

619 NW 23<sup>rd</sup>, OKC, 73109 **405-528-2157**

*Mon & Sat 9am - 5pm, Tues - Thur 10am - 6pm*

1200 S Air Depot Blvd, Midwest City, OK **405-732-3836**

*Tues & Fri 10am - 6pm*

341 S. Boulevard, Ste 108, Edmond, OK 73013 **405- 348-9904**

*Mon 9am - 5pm, Wed - Thur 10am - 6pm*

- Call for appointment (though walk-ins are accepted)
- Accepts Medicaid for family planning only
- Sliding scale fees
- Routine gynecological care (annual exams, pap smears)
- Contraceptives
- Testing/treatment of STD's
- Pregnancy testing/counseling
- Vasectomy (must be at least 25 yrs of age)

- Tubal ligation services (must be at least 25 yrs of age)
- Breast exams
- Colposcopy/cryo-therapy services
- HIV testing/counseling
- Midlife services for women
- Limited primary care

#### **Variety Care**

**405-632-6688**

[www.varietycare.org](http://www.varietycare.org)

Call for an appointment.

- Preventative Medicine
- Pediatrics and Well Child Checks
- Geriatrics
- Prenatal and Postnatal Care
- Family Planning
- Mental Health/Substance Abuse Care
- Work and School Physicals
- Immunizations – Please bring shots record
- On-Site Laboratory
- Patient Education
- Referrals

#### **Variety Care Locations:**

##### ▪ **10th St. Family Health** **405-632-6688**

4023 N.W. 10<sup>th</sup> St., OKC, OK 73107

*Medical Hours: MTWF 7:30am-5:00pm,*

*TH 7:30am-8:00pm, Sat 8am-Noon*

*Dental Hours: M-F 8am-5pm, W 8am- Noon*

This facility serves both pediatrics and adults. X-ray is available in addition to other services.

##### ▪ **Straka Family Health** **405-632-6688**

1025 Straka Terrace, OKC, OK 73129

*Medical Hours: M-TH 7:30am-8pm, F 7:30am-5:30pm*

*Sat 8am-Noon*

*Dental Hours: M-F 8am-5pm, W 8am-Noon*

*WIC Hours: M-F 8am-4:30pm*

This facility serves all ages. You can find all of our primary healthcare services at this location.

##### ▪ **Lafayette Pediatrics** **405-235-6466**

500 S.W. 44<sup>th</sup> St., OKC, OK 73109

*Pediatric Hours: M-F 7:30am-5:30pm*

*Dental Hours: M-F 8am-5pm, W 8am- Noon*

*WIC hours: M-F 7:30am-5:30pm*

This facility serves only pediatrics. Our dental and vision services are available for children.

##### ▪ **Mid-Del Pediatrics** **405-677-1129**

*Pediatric Hours: M-F 7:30am-5:30pm*

*WIC hours: M-F 7:30am-5:30pm*

3851 Tinker Diagonal, Del City, OK 73115

We serve children at this location. Pediatric and WIC services available.

##### ▪ **Norman Pediatrics** **405- 632-6688**

1124 N. Porter, Norman, OK 73069

*M-TH 8:30 am – 5:00 pm, F 8:30 am – 12 noon*

This location serves children only. Please bring your most current shot record with you to appointments. This location serves adults and children.

##### ▪ **Norman Family Practice** **405- 632-6688**

317 E. Himes, Norman, OK 73069

*Med Hours: M-TH 8:30 a – 5:00 p, F 8:30 a – 12 noon*

*Dental Hours: T-F 8:30 a - 5:00p, call for evening hrs.*

Formerly a Health for Friends site, Norman Family Practice is ready to serve anyone with or without insurance. Our dental hours vary; please be sure to call 632-6688.

#### **Women's and Pediatric Health Center** **405-271-6195**

5320 N. Portland, Oklahoma City, OK 73112

Call for hours

Women's clinic, medical clinic. Full range OB-GYN. Call for eligibility.

#### **Yourcare Clinics** **405-350-4300**

2400 S. Cornwell Drive, Yukon, OK

10700 S. Pennsylvania, Oklahoma City, OK **405-691-9700**

Call for Hours.

Primary care provided for all ages. No appointment necessary. Most insurance plans, including SoonerCare accepted. Affordable pricing offered for patients with no insurance.

### **MEDICAL CLINICS - FREE**

#### **American Cancer Society** **405-843-9888**

6525 N. Meridian Suite 110, OKC, OK 73116

*Mon – Fri 8:30am – 5pm*

[www.cancer.org](http://www.cancer.org)

- Can supply help with wigs, transportation, prosthesis, and other supplies for use by cancer patients.
- Cancer support groups.
- Some prescription assistance.

#### **Baptist Mission Center** **405-235-6162**

2125 Exchange Ave., OKC, OK 73108

*Call for hours*

- OKC residents only – bring proof of residence; ID required. First come, first served. No charge.
- New patients intake 1<sup>st</sup> Tuesday every month at 5pm
- Appointment Only (no walk-ins)
- Minor Illnesses
- Prescriptions free; filled if available (need to be a patient)

#### **Clinica de Mujer Latina** **405-236-0701**

420 SW 10<sup>th</sup>, OKC, OK 73109

Call for hours

Spanish speaking. Habla español.

#### **Cross & Crown Mission** **405-232-7696**

1008 N. McKinley, OKC, OK

Serves certain zip codes in NE OKC only.

- AA meeting at Noon on Mondays.
- Food pantry Mon, Tues, & Wed beginning at 11am open until the first 50 families are served
- Medical clinic Tues. to the 1<sup>st</sup> 15 families beginning @ 8:30am

#### **Crossings Community Clinic** **405-749-0800**

2208 W Hefner Rd., OKC, OK 73120

*Generally open Monday- Friday. Call ahead to schedule an appointment.*