

**(Located in St. Charles Borromero Church)**

4915 N. State St., Warr Acres, OK 73122

*Call for hours*

Provides an opportunity to maintain wellness to any individual who is considered medically indigent (not covered by Medicare/Medicaid or any other insurance). We do this through education in the areas of diabetes, high blood pressure, nutrition and women's clinics. We also are open to individuals who are sick and seeking treatment during regular clinic hours:

- 1st come, 1st served basis
- Minor illness only
- Health Care assessments for all ages
- Prescriptions
- Call ahead for diabetic and women's health clinic hours.

*Family Practice* - Monday Evenings at 4:30 p.m.

*Dermatology Clinic* - 4th Wednesday of each month. Call for an appointment.

*Diabetic Clinic* - Check with clinic staff for specific clinic dates

*Gynecology Exams* - Contact the clinic at 495-4667 to schedule a gynecological exam

If have chest pain, significant breathing problems, major wounds, or possible broken bones, go to the Emergency Room.  
405-755-1515 (Mercy Health Center Operator)

Variety Care

## **MENTAL HEALTH EMERGENCY/SUICIDE (ADULTS)**

**Call 9-1-1 for immediate help!**

**Heart Line/CARE Line** **405-848-2273(CARE)**  
Statewide 1-800-273-8255 (TALK)  
24 hrs. /day, 7 days/week hotline

**iMAT Integris** **405-951-2273**  
**Mobile Assessment Team**  
(Only Mobil to Integris Hospitals/Facilities)

- 24 hour Crisis Intervention & Referrals.
- For children, adolescents, adults, seniors, & chemical dependency.
- 24 hr. Triage on Phone

**Mental Health Emergency**  
Call 911 or go to local emergency room.

**Oklahoma County Crisis Intervention Center** **405-522-8100**  
2625 General Pershing Blvd, OKC, 73107  
24 hours a day/7 days a week  
Mental health and drug/alcohol abuse crisis intervention facility,  
24-hour medically supervised detox for adults for OK county.

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

Need a LGBT friendly ear?

Call 866-488-7386

[www.thetrevorproject.org](http://www.thetrevorproject.org)

24 hours a day, 7 days a week.

## **MENTAL HEALTH EMERGENCY - SUICIDE (CHILDREN/TEENS)**

**Call 9-1-1 for immediate help!**

**CARE for KIDS after Hours Program** **405-573-6477**  
Cleveland County- Norman, OK

**Enhanced Children's Mobile Crisis** **405-858-2700**  
Oklahoma County - Oklahoma City, OK  
Mobile Crisis Response (MCR) Teams are a 24-hour, 7 day per week service that provides assistance for mental health and substance abuse crises through telephone or face-to-face assessments.  
[www.cocmhc.org](http://www.cocmhc.org)

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**Teenline** **1-800-852-8336**  
24 hours a day/7 days a week hotline  
[www.teenlineonline.org](http://www.teenlineonline.org)  
Provides free, confidential, and anonymous telephone listening, crisis intervention, and information and referral services.

[www.thetrevorproject.org](http://www.thetrevorproject.org)

24 hours a day, 7 days a week.

## **NON-EMERGENCY MENTAL HEALTH COUNSELING**

**Adult Outpatient Clinic- O.U.H.S.C.** **405-271-5251 ext. 47643**  
[www.ouhsc.edu](http://www.ouhsc.edu)  
G. Rainey Williams Pavilion  
920 Stanton L. Young Blvd. O.U. Health Science Center, OKC,  
OK 73117

Adult patients with a wide range of mental health conditions are assessed and treated through the utilization of psychotherapy and pharmacology.

**21 Days 2 Change, LLC** **405-254-5228**  
Jamestown Office Park  
3035 NW 63<sup>rd</sup>, Suite 200 OKC, OK 73116

- Home based services
- Individualized treatment plan
- Individual, Family, and Group Counseling

Accepts Medicaid and private pay based on income