Provides emergency assistance with prescriptions through United Discount Pharmacy - 5420 N. Portland, OKC, OK (Deaconess Hospital).

# **REFERRAL SERVICES**

#### **AARP**

www.aarp.org

Provides various resources for people aged 50+.

# Area Wide Aging Agency

405-942-8500

OU: 405-943-4344

4101 Perimeter Center Dr., Ste. 310, OKC, OK 73112 www.areawideaging.org

Provide individuals age 60 and up with information and assistance in finding and accessing community resources (including delivered meals and transportation). Canadian, Cleveland, Logan, and Oklahoma counties only.

# **Heart Line/CARE Line**

405-848-2273(CARE)

Statewide 1-800-273-8255 (TALK) 24 hours/day, 7 days/week hotline

# iMAT Integris

405-951-2273

**Mobile Assessment Team** 

(Only Mobil to Integris Hospitals/Facilities)

www.integrisok.com

- 24 hour Crisis Intervention & Referrals.
- For children, adolescents, adults, seniors, & chemical dependency.
- 24 hour Triage on Phone

### Joint Oklahoma Information Network

211

Oklahoma has a special telephone number you can call to find out about a variety of community help resources and services. It is an information referral source for many programs and services to help individuals and families. Information about many programs and services are offered on www.join.ok.gov or visit http://www.211oklahoma.org

# **Latino Community Development Agency**

405-236-0701

420 SW 10th St., OKC, OK 73109

8:30am - 5pm Mon - Fri

# www.lcdaok.org

- Individual counseling
- Parenting groups
- Home visits for Spanish speaking clients
- Home based parenting skills& training
- Services targeted at Latino population
- Free immunizations
- Hispanic women's clinic
- Mentoring program
- Provides information to the Latino community about services, opportunities, contacts, etc.

#### (NAMI) National Alliance on Mental Illness

of Oklahoma HOTLINE

405-230-1900

3037 NW 63rd St., Suite 104 West, OKC, OK 73116 (Cross streets Tulsa and NW 39th Expressway)

1(800)583-1264

*Mon* − *Fri* 8: *am* − 5:00*pm* www.namioklahoma.org

Referrals and resource information for the following services: advocacy, literature, family education classes, parent support and networking, and peer support. No fee. Advocacy on the state level not the individual.

# **National Eating Disorders**

1-800-931-2237

Mon – Fri 8:00am – 8:00pm (Pacific Time) http://www.nationaleatingdisorders.org Provides information and resources.

Oasis

405-271-6302/1-800-426-2747

OU Health Science Center, OKC, OK 73117

Mon – Fri 8am – 6pm

http://soonersuccess.ouhsc.edu/

- Provides free statewide information, referrals, and oneon-one assistance in locating available service in Oklahoma for Oklahomans with disabilities and special health concern needs.
- Resources include state and local agencies, organizations, private providers, and other social service and health care programs.
- Assistance with respite care (temporary relief for families or caregivers of a disabled child or children)

#### Oklahoma Developmental

**Disabilities Council** 

1-800-836-4470

www.okddc.ok.gov

(Answered 24 hours a day)

Information on services for persons with mental retardation and other developmental disabilities.

#### **Reachout Hotline**

1-800-522-9054 / 405-522-8162

Emergency mental health and resource hotline, available 24

# (TRC) Alcohol and Drug Services

of Central Oklahoma

405-525-2525

1215 N.W. 25th Street, OKC, OK 73106

www.trcok.com

24 hour referral to area treatment facilities for alcohol and drug abuse, medically supervised detoxification, individual treatment, needs assessment, family education program, outpatient services, DUI assessment, DUI School, and employer assistance program.

# **SEXUAL ASSAULT (ADULTS)**

#### Chickasha Women's Service and Resource

405-222-1818

24 hours, 7 days a week

Crisis intervention: sexual assault, domestic violence, stalking. Serving Grady and Canadian counties. No fee.

## COPE, INC.

405-528-8686

2701 N Oklahoma Ave., OKC, OK 73105

Mon - Fri 8 am - 5:30 pm (weekend by appt.)

Counseling for individual, group, and family

- Substance Abuse
- Domestic Violence
- Behavioral Concerns

- Impulse Control
- Sexual Abuse
- Employment Assistance Program (EAP)
- Multi-cultural Counseling Center
- Case Management
- Psychological Testing/Evaluations
- DUI School & Assessment
- Moral Recognition Therapy
- Rehabilitation Services
- Mentoring
- Education/Tutoring/GED
- Fatherhood Program
- Assessment/Employment Program
- Alcohol and drug abuse day treatment
- **Outpatient Services**

Services include life skills, social skills, counseling, screening referral aftercare, employment training, and mentoring.

# Cornerstone Counseling and Consulting, Inc. 405-231-3150 4232 N. Santa Fe, OKC, OK 73118

Mon - Thurs 8 am - 5 pm, Friday 8 am - 3 pm Evening services available by appointment.

- Mental health counseling, parenting groups, anger management groups, sexual abuse family education, sex offender counseling and assessment, chaperone program, case management services, substance abuse assessment and services, consultative services.
- Voices for Teen Girls -sliding scale fee (\$20 group)
- Fees: sliding scale. Medicaid/SoonerCare or private insurance accepted.

### **Oklahoma County District Attorney** Victim Services

405-713-1600

405-810-0054

320 Robert S. Kerr, Room 505, OKC, OK 73102

Mon - Fri 9 am - noon, 1 pm to 5 pm

Compensation for victims who suffer bodily injuries as the result of criminal acts, assistance of victims of domestic violence, assistance for persons preparing to file a VPO, and support for persons who are victims of sexual assault. Victim of a crime who has suffered a bodily injury.

### **National Domestic Violence Hotline**

1-800-799-7233 (SAFE)

#### 1-800-656- HOPE(4673) Rape, Abuse, & Incest National Network Hotline (RAINN)

#### REACHOUT 1-800-522-9054

A statewide, 24 hour, toll free hotline which provides crisis intervention and referral. Emergency mental health & resource

#### Transitions, Inc

6051 N Brookline, Suite 112, OKC, OK 73112 Mon - Fri 8:30 am - 7:30 pm

- Sexual education group therapy, sexual abuse nonoffenders group, family development, parent aid program.
- Individual therapy will be offered to clients to assist in understanding difficult subjects.
- Sexual abuse services contract for DHS.

Fees: sliding scale. Medicaid/SoonerCare, private pay or private insurance accepted.

### CRIME VICTIMS COMPENSATION **PROGRAM**

405-264-5000

421 NW 13th Suite # 290, OKC, OK 73103 Mon-Fri 8 am - 5 pm

- Compensation and assistance for persons who suffer injury as a result of criminal acts
- Assistance for victims of domestic violence and in preparing petition for Victim Protective Order (VPO)
- Assistance and support for persons (adults or children) who are victims of a crime (including financial and counseling assistance)
- Provides court advocates for victims

# Women's Resource Center, Inc.

405-364-9424

Call for location.

Sexual Violence Crisis Line: 405-701-5660 (24 hours) 24-hours, 7 days/week

- Shelter services for women in domestic violence situations
- Education/prevention programs
- Counseling and crisis intervention for domestic violence and sexual assault

#### YWCA RAPE CRISIS CENTER 405-943-7273 (RAPE)

2460 NW. 39th, OKC, OK 73112

- 24-hour hotline
- Support groups
- Counseling
- Assists sexual assault survivors in hospital ER

## INTERNET RESOURCES FOR COPING WITH ASSAULT:

### Oklahoma Coalition against Domestic Violence and **Sexual Assault**

www.ocavdsa.org

### Rape, Abuse, and Incest National Network www.rainn.org

# **Native American Victims of Violence**

www.institutefornativejustice.org

# **Oklahoma District Attorneys Council**

For victim's rights and services www.ok.goc/dac

# www.pandorasproject.org

Support for victims of rape, including a web library and message board.

# www.mencanstoprape.org

Men mobilizing to prevent violence against women.

# www.resurrectionafterrape.org

Books, music, resource downloads, and web community of survivors. Booklets for men and parents on how to help.