

RSC Retirees' Association

October 2022 Newsletter # 8

RSC Retirees' Association Fall Gathering
Wednesday, November 9, 2022
FNB Community Bank Ballroom C
1:00 p.m. – 2:00 p.m. Insurance Meeting
2:00 – 4:00 p.m. Fall Gathering



****Time to vote for new Officers for 2023. Please see enclosed ballot of nominees. After marking your ballot, please mail back to the address at the bottom of the ballot!**

The Diversity Center is hosting a Winter Gear Drive for the full month of October – (1-31st). Rose State invites you to participate in the drive to help them reach the donation goal of collecting at least 200 items. They are looking to collect winter hats, beanies, gloves, undergarments, socks, and coats/jackets. The drop off locations include the Student Union, LRC, Housing (Village Clubhouse) and the Diversity Center. (Previously the UCO Center next to the Performing Arts Center.) Any donations they receive in this drive will go towards helping RSC students, faculty, and staff in need of these items.

[Latest at Rose State College](#)

Jazz Band – Monday October 24th, 7:30 p.m., Atkinson Theatre

Wind Band – Tuesday October 25th, 7:30 p.m., Atkinson Theatre

Faculty Voice Recital – Hudiburg Center Lobby, Sat., Oct 29, *time to be announced.*

Vocal Community Collaboration including RSC Chorus, Edmond Community Chorale, Bella Voice, UCO Oklahoma Chorale, and others – **Friday, December 2, 2022, 7:30 p.m. in the Hudiburg Auditorium.** This will include an orchestra and professional soloists. Sounds like something our organization would really love!

Winter Holiday Concert – Wednesday December 21st, 6:00 p.m., Student Union

ATKINSON THEATRE:

The Addams Family A New Musical – (All Audiences)

October 27-29th at 7:30 p.m, October 30th at 2:00 p.m.

Dental Hygiene Clinic offers various services, including teeth cleaning, topical fluoride treatment, dental x-rays, preventative patient education, pit and fissure sealant, and general oral health assessments. There is a \$10 screening fee for those 13 and older and a \$5 fee for children ages three through 12. To make an appointment, patience can call 405-733-7336.

Insurance Meetings: Our Insurance will be changing from United Health Care to be with the Oklahoma Employees Group Insurance Division (EGID) Representatives from EGID and the various vendors will be at the Open Enrollment meetings October 27th and 28th. There will be two meetings each day at 9am and 2pm. This will be held at the Old Traub Elementary School, 6500 S.E. 15th Street, Midwest City, OK.

ROSE STATE COLLEGE – RETIREE SPOTLIGHT

Dr. Jim Cook, Former President of RSC

After fourteen years at Seminole State College, three as VP for Student Affairs, two as VP for Academic Affairs, and nine as president, I received a call from Dr. Larry Nutter informing me of Dean Underwood's retirement as Executive Vice President at Rose State College.

It was a very difficult decision to leave the wonderful people I had worked with on campus and in the Seminole community. However, if I was to ever move on, a better opportunity could not be imagined. A great college staffed with extraordinary personnel just 50 miles away and the opportunity to work with the finest president I knew. Thus, I made my last career move. It was a great decision.

Since retiring, I have pursued athletic interests that I could only do part time while working. Rotator cuff surgery ended my tennis playing so I switched to throwing the discus. I knew it was a difficult event to master but I had the time to dedicate and could workout alone in my backyard. The coordination, balance, strength, and speed required of the discus makes it a great event to train the whole body. Since buying my first discus in 2010, I have competed in masters level (50+) discus throw events around the nation. My wife, Stephanie, always accompanies me and we visit local sites when I'm not throwing. Fortunately, I have usually thrown well and have earned some nice awards in this my second and final, career.

From Kathy: I asked Dr. Cook to send me a listing of his awards – WELL, he had so many that I can't put them all on here. But in summary of just a few:

State Games of American gold medalist in 2015 (Omaha, NE), 2017 (Grand Rapids, MI) and 2019 (Lynchburg, VA)

National Senior Games, Silver Medalist 2017 (Minneapolis, MN)

National Senior Games State Championships: Oklahoma Champion
2011, 2012, 2014, 2017, 2018, 2019 and 2021

Arkansas Champion: 2010, 2014 (Arkansas State record) and 2018; Missouri Champion in 2012; Texas Champion: 2018 and 2021; Kansas Champion: 2016

In all, he has competed in 62 meets and 43 Gold Medals, 11 Silver, and 4 Bronze. He is currently recovering from a back injury and has only competed twice in 2022. Based on distance thrown in official meets, he is currently ranked #6 in the US by World Masters Rankings. Congratulations Dr. Cook!!

Additional Spot Light: Congratulations to **Dr. Dean Fisher and Mr. John Primo** for receiving the Tower Award for Distinguished Alumni of Rose State College, both retirees from Rose State College! After retirement, Dr. Fisher served as Chief of Staff for Congressman Steve Russell and later was named President of the College of Southern Idaho in Twin Falls, Idaho in March 2020. Mr. John Primo served as Vice President of Information Technology and just retired in 2022 after serving the college for 35 years. He is also the author of nine paranormal and fantasy novels published under the name Jaz Primo. John established a fully-endowed scholarship in 2005 with the RSC Foundation in the name of his late first wife, April, who was also a graduate of the college. Congratulations to both fellow retirees!