

RSC Retirees' Association FALL 2023 Newsletter

Newsletter #12 September 10, 2023

GENERAL MEMBERSHIP MEETING AND SOCIAL

Date: Thursday, October 26, 2023

Time: 1:30-3:30 p.m.*

Place: Jeanie Webb Student Center, SU 213C

*Kathy Dunn will be available at 1:00 p.m. to answer individual health/life insurance questions.

(A detailed agenda will be emailed two weeks prior to the meeting.)

RSC Retiree Membership Meeting and Social October 26, 2023

Please join us for the RSC Retiree Membership Meeting October 26, 2023, the Jeanie Webb Student Center, Room 213C, 1:30-3:30 p.m. time, (1:00 for health/life insurance Q&A). As always, we will have time to catch up with each other and have Kathy Dunn on hand to answer individual health/life insurance questions. In addition, we are bringing in the experts on senior safety and security!

Safety First: Have you become a little too cavalier in your independence of retirement? Are you as careful as you need to be? At the fall meeting, Mr. Ed Bugby, Jan's husband, will talk to us about how to stay safe especially during the holidays in a variety of environments such as walking in parking lots, while driving alone, at home, etc. Ed earned a baccalaureate degree in Industrial Safety from UCO. He retired from General Motors after 30 years as a Safety and Ergonomics Manager. He is past president of OKC Chapter of Safety Engineers and currently serves as an authorized OSHA Outreach Instructor for classes in general industry and construction. In addition, he provides CPR/First Aid/AED Train the Trainer courses. Ed recently retired from OG & E as the Lead Training Specialist for the past 11 years.

Spam and Fraud: Oklahoma County Sherriff, Tommie Johnson III is committed to keeping our senior citizens up-to-date on current crime trends and safety concerns. In the spring, Deputy Tara Hardin from his office will

present a program on fraud, scams and identity theft. We will hear how to handle the computer fraud that we face in the everyday use of computers, cell phones, watches, etc., and who to contact.

RSC Retirees' Association Business

Welcome to our 2023 new Board members

At the August 18, 2023 Board meeting, a motion was made and approved to fill Board vacancies on a temporary basis when the vacancy occurs during the year and to allow that person to begin working with the Board immediately. If the person chooses, he/she would be eligible to be added to the slate of officers to be voted upon at the fall general membership meeting. So, we are welcoming,

- *Izzy Billen*, former Vice President for Academic Affairs, prior service including Associate Vice President for Academic Affairs/Assessment, and Director, Information Technology Services. Izzy has accepted the Board Secretary position. Thank you, Izzy
- Jan Bugby, former Senior Director for Academic Outreach. Jan has agreed to serve in one of the Board Members At-Large positions and without a break between retirement and serving. Thank you, Jan.

MEMBERSHIPS AS OF JULY 1, 2023

91 lifetime members 37 annual members 128 total members

NEW RETIREES AS OF JAN. 1, 2023

Allen, Brenda (Business Affairs)
Billen, Isabelle (Academic Affairs)
Bridges, Beth (Financial Aid)
Bugby, Jan (Learning Resources Center)
Cilberg, Shauna (Health Sciences, Respiratory Program)
Copple, Stephanie (Mailroom)
Debra Craig-Cohagan (Health Sciences, Nursing)
Dillard, Rochelle (Information Technology Services
Michael Driskill (Student Affairs)
Kevin Hairell (Physical Plant)
Melissa Huffman (Learning Resources Center)
Pamela Jones (Continuing Education)

Mary Keller (Business and Information Technology Division)
Fred Keller (Business and Information Tech.)
Tammy Martin (Payroll)
Debbie McIntire (Humanities)
Chris Meyer (Learning Resources Center)
Phyllis Morris (Business Affairs)
Karen O'Neal Health Sciences, Dental)
Daria Puffett (Information Technology Services)
John Primo (Information Technology Services)
Mamooud Radfar (Engineering and Sciences)
Linda Whaley (Health Sciences)

Treasury

As of August 18, 2023, the RSC Retiree Association Treasury is \$4,330.76 which includes new members.

Board Members

August 3, 2023, we said a fond," See You Later," to Board Member Bob Leveridge, former full-time faculty member in the Social Sciences Department. Although Bob will not serve on the Board, he is continuing as a member. Bob, we will see you, when we see you. Thanks for your help and continued support. We will miss you so much.

2023 Board Members include:

Frances Hendrix President <u>fmh7395@gmail.com</u>
Dale Fredericksen Vice President <u>drdale63@yahoo.com</u>
Izzy Billen Secretary ibillen@rose.edu

Linda Tucker Treasurer <u>lktucker0401@gmail.com</u>

Toney Dake At large toney405@att.net

Peggy SiddersAt largesidderspeggy@gmail.comMelissa HuffmanAt largemhuffman7538@gmail.com

Jan Bugby At large jbugby@rose.edu

Claudia Buckmaster Liaison <u>cbuckmaster@rose.edu</u> or cfb922@gmail.com

Thank you for your commitment to the Association. We still have decisions to make and growing to do. We have confidence that you will do your best in the interest of our retirees.

Condolences

Please join us in offering our prayers and condolences to the families of Regent Betty J.C. Wright, former Rose State College Regent and champion for all faculty, staff and students during and after her tenure, and Dr. Phil Cooksey, former dean of the Humanities Division. May they rest in peace.

BOARD REPORT

- 1. Our Board meets eight times a year: January, February, March, April, August, September, October, and November. We meet on the last Friday of the month in the LRC at 1:00 p.m., 105B. The meetings are open. If you would like to join us, come on.
- 2. At the Ice Cream Social, which was all but rained out, we had 26 members attend. We tried organizing the tables by department, so that you could sit together. We all ended up sitting where we wanted. However, for the Fall General Meeting, if your group would like to sit together, let Frances know, and we can arrange it for you. Her email is fmh7395@gmail.com, phone or text, (405) 313-0656.
- 3. Reminder...We added the OPT OUT opportunity to the membership form late last spring. If you would like to opt out of making your email address available to the membership upon request, please complete that part of the Membership Form, on the website or in the Payroll Office, and send it to Linda Tucker at https://linker0401@gmail.com. Linda will help facilitate it for you.
- 4. Several people have assumed responsibilities other than serving on the Board. If you think of something that you would like to do, please let us know. Here are those who have currently stepped forward:

Lynn Laws

Updating our brochures for the welcome packets

Ken Roper Updating our website as needed Melissa Huffman/Claudia Buckmaster Proofreading the newsletter ??? **Zoom Coordinator** ???

5. In reviewing the By-Laws and Constitution, some revisions were needed. Revisions were presented to and approved by the Board at the September Board meeting and will be forwarded to the general membership for vote at the fall meeting Fall General Meeting. The most critical issue is to allow a Board position to be filled temporarily and immediately upon someone's resignation and allowing that member to be a voting member immediately. A different issue is ensuring that we maintain a conservative financial approach when scheduling events, particularly the general meetings. Guidelines are included on spending limits and Board approval. Other

Help Ken Roper stay on top of the website

Spring 2023 Ice Cream Social Review

It rained buckets! However, we had 26 retirees join each other to catch up over ice cream and cookies at the Pony Barn at the Atkinson Heritage Center. Topics of discussion included:

- How to maintain and increase membership and participation across the four employee classifications administration, faculty, professional and classified;
- Plans to implement pertinent seminars on topics of particular interest to RSC retirees;
- The need to expand the Board to ensure inclusion and maintain a quorum for decision-making; and
- How to implement technology fully to communicate with those who cannot attend meetings.

The Rose State Jazz Band provided wonderful music enjoyed by all. As always, it was a relaxing afternoon to visit and talk about what we would like to do moving forward.

A HUGE THANK YOU TO CINDY MIKEMAN AND THE FOUNDATION FOR ALLOWING US TO USE THE ATKINSON **HERITAGE CENTER!**

Check out the pictures on the RSC Retiree Association website.

changes are editing.

Health Insurance Update

For those of you who continue your insurance through the College:

The attached flyer will be emailed to each retirement account by October 15. The virtual meeting is explained in the flyer. In addition, in-person meetings will be held at various locations throughout the state. The flyer also provides dates and times for the in-person meetings.

Board Response

The Board met August 18 to work on planning for the coming year. Here are responses already discussed and being implemented for the coming year.

- The Board will continue to seek volunteers for Board service. Currently, we have two vacancies for next year: vice president and one at large position. We also are trying to provide not only enjoyable fellowship and informative programs specifically for RSC retirees at the general meetings;
- Two members have been added to the Board on a temporary basis until we get to the annual election held at the Fall General Meeting. Izzy Billen has joined us as secretary; Jan Bugby has filled the At-Large position vacated by Bob Leveridge. We welcome both.

- Seminars are being discussed for the fall and spring general meetings. Topics such as changes in health insurance; how to protect yourself against scams; and senior safety are being addressed this coming year. If you have additional topics, we will have a list going for subsequent meetings.
- The Board will continually refine its membership procedures and communication avenues.

Congratulations to Dr. Emily Stacey!

DaVinci Institute Fellow Award

Emily Stacey, Ph.D., a Rose State College program coordinator and professor of political science, was recently named a 2023 DaVinci Fellow by the DaVinci Institute.

The DaVinci Institute is Oklahoma's Creativity Think Tank. Becoming a DaVinci fellow is a prestigious award given to higher-education faculty who demonstrate their ability and dedication to providing innovative educational opportunities to their academic disciplines.

Even if you don't know her personally, I bet she would appreciate an email to tell her congratulations from us. estacey@rose.edu

2023 RSC THEATRE PRODUCTIONS (As of September 1, 2023) Atkinson Theater

NOISES OFF By Michael Flayn

Oct. 5-7, 7:30 p.m. Oct. 8, 2:00 p.m.

Called "the funniest farce ever written." Noises Off presents a manic menagerie of itinerant actors rehearsing a flop called "Nothing's On." Doors slamming, on and off-stage intrigue, and an errant herring all figure in the plot of this hilarious and classically comic play. Rated: PG

GOOSEBUMPS, THE MUSICAL: PHANTOM OF THE AUDITORIUM

Music and Lyrics by Danny Abosch Book and Lyrics by John Maclay Based on the book by R.L. Stine

Nov. 2-4, 2003, 7:30 p.m. Nov. 5, 2003, 2:00 p.m.

The musical, which premiered in 2016 at the Todd Wehr Theater in Milwaukee and Portland's Newmark Theatre, concerns Brooke and Zeke, who are starring in a mysterious show called "The Phantom" and are not frightened by the old legend that the play is cursed. When strange messages start appearing and a masked menace disrupts rehearsals, they begin to wonder if there is a ghost haunting their school, determined to stop the show. Rated PG

A CHRISTMAS CAROL

By Charles Dickens adapted by Richard Nelson

Dec. 7-10, 7:30 p.m. Dec. 11, 2:00 p.m.

A Christmas Carol is a ghost of a tale about the mean-spirited Ebenezer Scrooge—a businessman who believes charity promotes idleness and the poor should be left to die. In one spirited night after receiving visits from his dead business partner, and the ghosts of Christmas past, Present and Future—Scrooge awakes to the realization he has been given a second change to correct his mean and surly disposition toward humanity and Christmas. For all audiences.

You're a Good Man, Charlie Brown

Based on the Comic Strip Peanuts by Charles M. Schulz Book, Music and Lyrics by Clark Gesner Additional Dialogue by Michael Mayer Additional Music and Lyrics by Andrew Lippa

March 7-9, 7:30 p.m. March 10, 2:00 p.m.

Charlie Brown and the entire Peanuts gang explore life's great questions as they play baseball, struggle with homework, sing songs, swoon over their crushes, and celebrate the joy of friendship. For all audiences.

It Runs in the Family

April 25-27, 2024, 7:30 p.m. April 28, 2024, 2:00 p.m.

Britain's master farceur (Two into One, Run for Your Wife, et. al.) is at it again. Staged in a hospital, It Runs in the Family contains the usual assortment of farcical nuts running in and out of doors mistaking everybody for someone else, as Dr. Mortimore tries to fend off a paternity suit, an ex-wife, a punkish son and various other lunatics, so that he may, at last, deliver the Ponsonby Lecture at an international conference. Rated: PG

RSC Athletics Schedules

www.rscraiders.com

RSC Dental Hygiene Clinic

Did you realize/remember that the Dental Hygiene Program, accredited by the Commission on Dental Accreditation of the American Dental Association offers clinical services to the community during the fall and spring academic semesters. For more information, the website is https://www.rose.edu/nav/community-outreach/dental-hygiene-clinic/ To make an appointment, call (405) 733-7336.

Making Sense of Medicare

If you need more information about Medicare before making your annual health insurance decision, Making Sense of Medicare, Community Learning Center (Tom Steed), will be presented by Greg Dellinger (405)245-9173 For more information and to register, go to the RSC website,

Travel Opportunities

RSC Global and Cultural Study Tours

The Best of Ireland

May 20-27, 2024 Tours are offered through Explorica. The Itinerary and costs are available online at https://www.explorica.com/My-Account/My-Tours/TourCenter.aspx

Mussatto's Athens and the Aegean Sea, Greece

May 16-24, **2025** Offered through Explorica. Itinerary and costs are available online at https://www.explorica.com/My-Account/My-Tours/TourCenter.aspx

Contact

Professor Sherri Mussatto Liberal Arts & Sciences Division Humanities smussatto@rose.edu 405-733-7503

Dr. Stacey's Washington DC

October 17-24, **2024** Offered through Explorica. Itinerary and costs are available online at https://www.explorica.com/My-Account/My-Tours/TourCenter.aspx

Contact

Dr. Emily Stacey Liberal Arts & Sciences Division Social Sciences estacey@rose.edu (405) 733-7522

Passport to Learning Program

All are welcome!

Buddha Mind Monastery group visit, OKC – no cost

Friday, October 6th

10:00 a.m.-11:00 a.m.

Dallas Museum of Art Bus Trip - \$35

Saturday, October 28

7:30 a.m. to approximately 9:00 p.m.

Prof. Lori R. Morrow

Professor of Developmental English and Humanities

Coordinator of Global and Cultural Learning

Liberal Arts & Sciences Division

Humanities

Imorrow@rose.edu

405-733-7507

Civic Center Travel Invitation

We have been invited to join the Civic Center volunteers in their excursions throughout the year. Karen Gregory, cpamom2@cox.net, (405) 620-1099, 2533 NW 58th St., OKC, OK 73112, is the travel advisor. Currently, the following three trips are planned for the year:

Cuba Discovery, Feb. 26-Mar. 2, 2024 LAND ONLY TOUR RATES: Booking Discount*:\$3,875 pp double Regular Rate: \$3,925 pp double Single Supplement: +\$625.

Alaskan Cruise Tour on Holland America including a 7-day Glacier Discovery Cruise, plus a land tour including Denali National Park. July 21-August 4, 2024.

New York/Hudson Valley to include tickets to Kristen Chenoweth's new musical. Dates, probably October 2024, and prices are still being confirmed; however, if you are interested, please contact Karen by email or phone (405)620-1099.

For additional events, please refer to the RSC website, www. rose.edu

THOUGHTS AND QUESTIONS

If you have thoughts or questions, please email Frances at thoughts-fmh7395@gmail.com.

For those of you who cannot join us in person, how can the Association serve you? Could be a facilitator role?

***Reminder — You can process your Retiree ID in the Student Center. If you have not joined for 2023, please complete the form below and receive the next newsletter.

MEMBERSHIP

- > If you have not completed a membership application, please join us by completing the following form.
- If you have not completed a communications preference form to share or not share your personal information, please do so.
- ➤ Return the forms to Linda Tucker, by mail or in person, RSC Retiree Association, 6420 SE 15th St., MWC, OK 73110

Total Enclosed:

Membership Form

Enclosed is my \$\frac{\\$10.00}{\} membership fee or \$\frac{\\$50.00}{\} lifetime membership and any additional donation you would like to make to

Name: (Mr./Ms./Dr.)

Address

City:		STATE: ZIP
Phone:	Home:()	Cell: ()
Email:	(very important for Newsletters)	
Retired Title/Area and Date:		
Communication Preferences		
The RSC Retiree Association does not sell or provide the members' addresses, emails, or phone numbers to outside entities. However, the Association may provide email addresses to members who wish to contact other members. If you would prefer to Opt Out, please indicate below.		
I prefer that my personal information be shared only with other members. I prefer that my personal information to be shared outside the Association to include RSC College.		
l pr	efer that my personal information be share	ed with no one.
The newsletter will be available at the RSC Association website inside the RSC College email. Please indicate the format in which you prefer the newsletter and other communications.		
l pr	efer that any communication with me, cor	ne by <i>mail</i> .
l pr	efer that any communication with me, cor	ne by <i>email</i> .
9 Page		



Attending a meeting is optional. If you do not have any changes to your coverage, you do not need to attend a meeting or return your Option Period form.

The OMES Employees Group Insurance Division will conduct virtual webinar meetings and host benefit fairs to assist with the annual Option Period enrollment process. During the virtual webinars, representatives will present information on the health, dental, vision and life plans.

Benefit fairs will be held in seven convenient locations across the state for members who wish to get additional in-person information. These are come-and-go events and will not include a formal presentation. Plan representatives will be available to answer your Option Period questions.

Choose the right meeting for you.

If you currently have Medicare or will gain Medicare eligibility in 2024, you have three different virtual meeting options or you may attend one of the benefit fairs in your area. One virtual meeting outlines all of the health, dental, vision and life plans. The other two shorter virtual meetings divide the plan presentations: one outlines the health and life plans, and the other outlines the dental and vision plans.

EGID will conduct two special meetings for members who will age-in or gain Medicare in 2024.

Members under age 65 and not currently eligible for Medicare are invited to attend one of the Pre-Medicare virtual meetings.

NEW!

Available 24/7, members can visit the EGID website at **Oklahoma.gov/omes/ Option-Period** to view a quick video highlighting all Plan Year 2024 changes.

OPTION PERIOD VIRTUAL MEETINGS

Register for the virtual meeting of your choice by visiting the EGID website at Oklahoma.gov/omes/OP2024-retiree. Each meeting is limited to 300 participants, so reserve your spot now. All login information for your meeting will be emailed to you two days prior to your meeting date. If you need assistance registering for a virtual meeting, please contact EGID Member Services at 405-717-8780 or 800-752-9475.

GAINING MEDICARE IN 2024 2 p.m. on Nov. 8 and on Nov. 29

Specifically designed for those members that will gain Medicare eligibility during 2024 and will discuss the different parts of Medicare, the timeline of when to enroll in Medicare benefits and the main differences between a Medicare supplement and Medicare Advantage Prescription Drug plan. Plan presentations will not be included in this meeting. Time limit – 60 minutes.

MEDICARE – ALL PLANS 10 a.m. on Nov. 8 and Nov. 29

Representatives will present the Medicare supplement plans and the Medicare Advantage Prescription Drug plans available for Plan Year 2024. Dental, vision and life plan representatives will also present. Time limit – 2.5 hours.

MEDICARE – HEALTH AND LIFE ONLY 10 a.m. on Nov. 1 and Nov. 15

Includes presentations covering the Medicare supplement plans and Medicare Advantage Prescription Drug plans available for Plan Year 2024, along with information on the HealthChoice Life insurance program. Time limit – 90 minutes.

MEDICARE – DENTAL AND VISION ONLY 2 p.m. on Nov. 1 and Nov. 15

Dental and vision plan representatives will present the benefits of each plan.

Time limit – 90 minutes.

PRE-MEDICARE 10 a.m. on Nov. 3 and Nov. 17 and at 2 p.m. on Nov. 27

Includes information on the pre-Medicare plans available for 2024 and presentations from the health, dental, vision and life plans. Time limit – 90 minutes.

BENEFIT FAIRS

This year EGID will hold in-person benefit fairs in seven convenient locations across the state. Representatives from each plan will be available to talk to members one-on-one. These are come-and-go events and will not include presentations.

ALL BENEFIT FAIRS WILL BE FROM 10 A.M. TO 2 P.M.

Oct. 31

OKLAHOMA CITY EMBASSY SUITES

3233 N.W. Expressway Oklahoma City, OK 73112

Nov. 2

ENID STRIDE BANK CENTER

Stride Bank Center 301 S. Independence St.

Nov. 7

GLENPOOL CONFERENCE CENTER

12205 S. Yukon Ave. Glenpool, OK 74033

Nov. 9

MCALESTER SOUTHEAST EXPO CENTER

> 4500 W. Hwy. 270 McAlester, OK 74501

Nov. 14

ARDMORE CONVENTION CENTER

2401 N. Rockford Road Ardmore, OK 73401

Nov. 16

LAWTON HILTON GARDEN INN

> 135 N.W. 2nd St. Lawton, OK 73501

Nov. 28

STILLWATER BEST WESTERN PLUS
CIMARRON HOTEL & SUITES

315 N. Husband St. Stillwater, OK 74075

For schedule changes, visit Oklahoma.gov/omes (in the menu under Services, select Employees Group Insurance Division), or call 405-717-8780 or 800-752-9475.



Presorted Standard U. S. Postage PAID Okla. City, OK Permit #1067

Employees Group Insurance Division 2401 N. Lincoln Blvd,. Ste. 300 Oklahoma City, OK 73105 Oklahoma.gov/omes

RETIREE MEETING
SCHEDULE

This publication was printed by the Office of Management and Enterprise Services as authorized by Title 62, Section 34, 53,000 copies have been printed at a cost of \$6,675. A copy has been submitted to Documents.OK.gov in accordance with the Oklahoma State Government Open Documents Initiative (62 O.S. 2012, § 34.11.3). This work is licensed under a Creative Attribution-NonCommercial-NoDerivs 3.0 Unported License.

OPTION PERIOD REMINDERS

OPTION PERIOD FORMS

Your personalized Option Period Enrollment/Change Form will be mailed to you before the meetings. Option Period materials are available at Oklahoma.gov/omes. Forms with changes must be returned, postmarked by Dec. 7, 2023. If you do not have changes to your benefits, you do not need to return your form.

Pre-Medicare HealthChoice plan members, your action is required!

If you or your dependents are enrolled in the pre-Medicare HealthChoice High or Basic Plan and are not tobacco users, you will need to complete the Tobacco-Free Attestation on the HealthChoice website at **HealthChoiceOK.com**. If you do not or cannot attest to being tobacco-free for yourself or your covered dependents, you will be moved to an alternative plan with a higher deductible for 2024. This does not apply to HealthChoice Medicare members.

If you need assistance completing the attestation or require arrangements for accessibility, call EGID at 405-717-8780 or toll-free 800-752-9475. TTY users call 711.